

SUMMER 2018

Ages 6-12

THEMED CAMPS



Put those electronics away and bring your big kid to Bounce. Your child will burn some energy of their own, experience an enriched program, while gaining confidence by exploring their inner gymnast. Kids will enjoy a summer gymnastics program under the supervision of trained coaches. Whether your child has multiple years of experience in gymnastic classes, spent hours at Open Bounce or is a beginner, these camps are ideal for anyone who wants to improve their skills, learn new skills and have a great gymnastics experience.

Each week we focus on a different theme and will have several rotations throughout the day where campers can participate in different activities, crafts and more. The kids will work on strength, flexibility, hand-eye coordination and balance. They will explore tumbling, as well as jumping on the trampolines, balancing on the beams, swing from the rings and running obstacle courses.

↗ AGES 6-12

3-day camps
(Tuesday, Wednesday, Thursday)
Register for 1 day or 3-day week.

1:00p-4:00p

Campers will have structured themed activities for the first half (1:00p-2:30p) then will have Open Gym time from 2:30p-4:00p.
(Bring your own healthy snack & water bottle.)

Individual Day - \$30

All 3 days (T/W/TH) - \$85

See below/back for themes/dates!

AGES 6-12 THEMED CAMP DESCRIPTIONS

June 19-21 - for girls and boys: Cheerleading

Cheers, chants and stunts. Girls/Boys will learn about these and more at Bounce's Cheer Camp. They will learn tumbling using the equipment at Bounce. Regardless of experience level, girls and boys are guaranteed to have fun, have a great workout, learn a new skill or advance their current skill level in a safe environment.

June 26-28 - for boys: Boys Gymnastics

This camp is designed for the beginning and intermediate gymnast who would like to expand and improve their skills, strength and confidence. Boys will be working on all 6 traditional men's events; floor, rings, high bar, pommel horse, p-bars and vault.

HOW TO ENROLL

PRE-REGISTRATION REQUIRED

1. CALL: **810.632.7222, ext. 2**, with your preferred camp/dates and register with a credit card.
2. ONLINE: You may register online for the 1 day option at:

HartlandSportsCenter.com

Note: If you want the 3 day camp, you must call us to enroll so we may apply the discounted price.

3. IN PERSON: Visit us at 2755 Arena Drive, Hartland, MI 48353.

All families are encouraged to enroll as soon as you choose your preferred day and time.

Refund Policy: *There are no refunds for summer camps or clinics.*

2755 Arena Drive, Hartland, MI 48353
810-632-7222, ext. 2
HartlandSportsCenter.com

Summer 2018 - AGES 6-12 THEMED CAMP DESCRIPTIONS

PRE-REGISTRATION REQUIRED
Individual Day - \$30/ All 3 days - \$85

July 10-12 - for boys and girls: Flipfest

Individual Day - \$30/ All 3 days - \$85

An Urban Freestyle tumbling camp. This camp is a combination of trampoline flipping skills, floor flipping skills and free running movements. Your child will learn to flip, dash, dive, vault, climb and build the strength to do much more.

July 17-19 - for girls: Girls Gymnastics

Individual Day - \$30/ All 3 days - \$85

This camp is designed for the beginning and intermediate gymnast who would like to expand and improve their skills, strength and confidence. Girls will work on all 4 Olympic events; vault, bars, beam and floor.

July 24-26 - for girls and boys: American Girl Doll

Individual Day - \$30/ All 3 days - \$85

Come experience the fun and excitement of our American Girl Doll camp. Bring your doll and participate in activities involving: styling your doll's hair, preparing delicious dishes, journaling, story time, fitness, crafts, games and more! Campers will also be learning about topics such as; manners, friendship, bullying and self-esteem. Boys are welcome to bring their dolls to camp too!

July 31 - Aug. 2 - for boys and girls: Trampoline & Tumbling

Individual Day - \$30/ All 3 days - \$85

This camp is designed for the beginning and intermediate level student who would like to expand and improve their skills, strength and confidence. Participants will focus on 3 events: trampoline, double mini and tumbling.

August 7-9 - for boys: Boys Gymnastics

Individual Day - \$30/ All 3 days - \$85

This camp is designed for the beginning and intermediate gymnast who would like to expand and improve their skills, strength and confidence. Boys will be working on all 6 traditional men's events; floor, rings, high bar, pommel horse, p-bars and vault.

August 14-16 - for girls: Girls Gymnastics

Individual Day - \$30/ All 3 days - \$85

This camp is designed for the beginning and intermediate gymnast who would like to expand and improve their skills, strength and confidence. Girls will work on all 4 Olympic events; vault, bars, beam and floor.

August 21-23 - for boys and girls: Minecraft

Individual Day - \$30/ All 3 days - \$85

Does your child love Minecraft? Can't get enough time playing it? Do they listen to YouTube Videos of Stampy? Then this camp is for them! At Minecraft Camp, kids will build a zombie out of foam blocks, jump over the creeper on the trampoline, and climb the rope net mountain. If that isn't enough, they can mine for diamond blocks in the foam pit, and possibly leap to catch the ender dragon.